

Course Overview

Number of Units: 6 Units

Estimated time: 4 - 6 weeks or 12 - 18 hours

OALCF Levels: A1.2, A3, E.1-3

Suggested Milestones: 57 or 58 or 59

Course Description

We all learn in different ways and understanding our own strengths helps us succeed. This course helps students understand their own personal learning styles. Students will investigate visual, auditory, and kinesthetic ways of learning and they will develop ways to use their preferred learning style more effectively.

Summary of activities: Reading, Quizzes, Journals and Online Forums.

Unit 1: Learning Styles

This unit gives an introduction to learning styles. In this lesson you will learn what type of learning style works best for you.

Unit 2: Visual Learners

This unit gives an overview of visual learning. You will learn what visual learners are and which tools they use, including studying and reading strategies.

Unit 3: Auditory Learners

This unit gives an overview of auditory learning. You will learn what auditory learners are and which tools they use, including studying and reading strategies.

Unit 4: Kinesthetic Learners

This unit gives an overview of kinesthetic learning. You will learn what kinesthetic learners are and which tools they use, including studying and reading strategies.

Unit 5: Using Your Learning Style at Work

This unit gives an introduction to the ways you can use your learning style at work.

Unit 6: Wrapping Up

This unit reviews all the learning styles. You will also learn about working in groups effectively and how to make suggestions to others.