

Course Overview

Number of Units: 4 Units

Estimated time: 2 - 4 weeks or 6 - 12 hours

OALCF Levels: A1.2, A3, B3.1a, B3.1b, E.1

Suggested Milestones: 14, 27, 28, 57

Course Description

This is a great course for learners who are new to the LearningHUB or online learning! In this course, we give you strategies and tips to set you up for success! You will identify your learning style and discover some ways to take advantage of your learning preferences. You will be introduced to memory and study tips as well as strategies for managing your time, reaching out for help, setting goals and monitoring your progress. You will learn to identify your learning challenges and how to come up with solutions when faced with an obstacle.

Summary of activities: Reading, Activities, Quizzes, Journals and Videos.

Step 1: How Do You Learn Best?

This unit will help you identify your preferred learning style and strategies to use that take advantage of your preference. You will also learn memory strategies to help you study.

Step 2: Identify Your Challenges and Obstacles

This unit covers common challenges, obstacles and barriers that you can be faced with when learning online. It will teach you coping strategies to increase your chance of succeeding.

Step 3: Goal Setting and Time Management

There is value in setting short-term personal goals and managing your time. In this unit, you will learn to break your long-term goal into manageable tasks. This can help you stay motivated and make it easier to see your accomplishments.

Step 4: Monitor Your Learning and Self- Reflection

This step explains how to build self-reflection into your learning experience so you can build confidence and adapt your learning habits to make progress towards your goal.