

Course Overview

Number of Units: 5 Units

Estimated time: 3 - 5 weeks or 9 - 15 hours

OALCF Levels: A1.2, A3, B2.2, E.1-2

Suggested Milestones: 3 or 4, 14, 58 or 59

Course Description

This course is the digital version of a course created by Literacy Link South Central (LLSC) in 2013 and funded by the Ontario government using Employment Ontario funding. It is one of a series of 4 courses we've grouped together under the heading of Self Exploration. In this course, you will think about the qualities of a good role model. You will examine role models and mentors you have or may have had. Think about your local role models and those in the media. Explore the qualities you have and those you can work on to become a good role model.

Summary of activities: Reading, Activities, Quizzes, Videos and Journals.

Unit 1: Introduction to Role Models

Think about role models and mentors you may have had or have now.

Unit 2: Qualities of Good Role Models

Learn about the characteristics of good role models. Consider whether public figures such as politicians, athletes and celebrities fit your opinion as good or poor role models.

Unit 3: Local Role Models

Have you ever thought about how many different role models there might be in your community? Local role models are often involved in the community where they live. The best place to learn about who they are is to read the local newspaper.

Unit 4: You as the Role Model

You don't have to be famous or be a public figure to be a role model! It is something you can work on every day. Being a good role model and leader will help you in all aspects of your life. It will help you in your relationships, when you are looking for a job, and when you are working. You probably already have more qualities of a good role model than you think you do! These are all things you can work on, if you aren't already doing them.

Unit 5: Reflection and Evaluation

Having completed the course, reflect on who your role models are and what qualities they have. Consider the qualities you already have and what you would like to work on to make yourself a better role model.